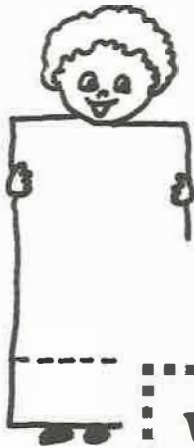
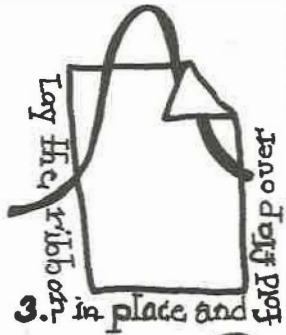


2.



1.

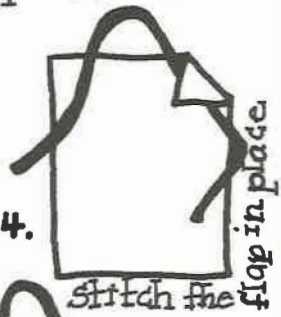
Give as a gift to family or friends.
Grand parents would love one.



3.

Whatcha Need

- Large white "flour sack" kitchen dish towel (approximately 22" x 38")
- 6' of satin ribbon, 1"-2" wide
- White thread and needle (or an adult with a sewing machine)
- Fabric paints (tube paints for writing names or words)
- Paintbrushes

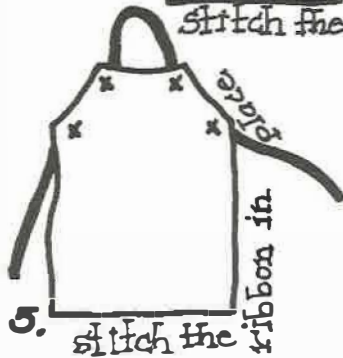


4.

Whatcha Do

1. Hold the dish towel up to your shoulders. Have a friend mark the spot where the towel touches your knees. *(This will determine the length of the apron.)*
2. Fold the dish towel over at the mark. This is now the top of the apron.
3. Lay the ribbon down on the apron as shown in illustration 3.
4. Fold the top corners down, leaving 5" open at the center.
5. Sew the folded corners down in a triangle shape (illustration 4).
6. Adjust the ribbon loop so it fits over your head.
7. Sew the ribbon down at each corner to secure it (illustration 5).
8. Use the paintbrush to cover the palm of your hand with paint and make a handprint on the apron. Continue until you have made the design you want. Add words and details to the design using the fabric paint and brushes.

Option: Paint your thumbs and then make thumbprints!



5.

Helping Hands Apron