

# THE LORD'S PRAYER

## OVERVIEW OF THE LORD'S PRAYER

### ACTIVITY

#### FATHER OVER ALL

**Theme:** When we lose perspective on the things of life, our heavenly Father knows how best to help us.

**Materials:** Paper, pencils or pens

**Procedure:** (20 minutes)

Take the students outside with their paper and pencils/pens. Have them listen to and write down everything they hear. Compare the lists of things they have heard. Ask, **Did all of you hear the same things?** (There should be differences in the lists.) Say, **Each of us only picks up on a part of what is happening in the world around us. As a result, many things happen in our lives that we cannot fully understand. But God hears and sees, not just the things we have listed here, but everything in the entire universe from the most distant star to the electric impulses that make up your thoughts.** Ask the students how this makes them feel (safe? overwhelmed?). Say, **This is why we pray: we trust that God knows what's best for us and will help and guide us in our lives. God's gift of Jesus proves to us the extent of His love and care.**