

THE MEANS OF GRACE

THE BENEFIT OF THE SACRAMENT OF THE ALTAR

ACTIVITY

REMOVING THE TARNISH

Theme: Through the Sacrament, the Holy Spirit forgives our sins and, in Christ, changes our heart.

Materials: ¼ c. vinegar, 1 tbsp. salt, two small bowls, 1 c. soapy water, towel, several dirty or dull pennies

Procedure: (15 minutes)

Use the soapy water to try to clean the pennies. Comment that, like the soapy water, try as we might, we are ineffective in dealing on our own with the sin of our life. Dry the coins and place them in the bowl with the vinegar and salt. Note how clean the coins become. (The acid of the vinegar reacts with the salt to remove the tarnish from the copper.) Stress that only Jesus can remove the tarnish of sin in our lives. His forgiveness is complete. And it is free. In the Sacrament of the Altar, Christ gives us forgiveness of sin, life, and salvation.