

CONNECTION JOURNAL

LESSON 26: THE NATURE AND BENEFIT OF THE SACRAMENT OF THE ALTAR

Gather with your household each day for a time to be formed by God's Word. God's Word connects your faith to your life. Here are some simple steps for how to properly receive God's gifts together in the Word. Pick a time to do this each day.

1. Run through the memory work for this week once or twice (if you have some).
2. Make the sign of the cross and remember how God has called you to be His own through your Baptism. Say a prayer for the Holy Spirit to form your faith.
3. Consider saying the Lord's Prayer or using an order of daily devotion from the hymnal.
4. Find the Bible verse for the day in your Bible. Highlight the verse and read it out loud at least twice.
5. Consider the question, and talk through together how God's Word helps you answer the question.
6. Say a prayer, including telling God what you've learned from His Word, but also thanking Him for what you've been given, confessing your sins, and praying for specific needs. Then, go your way in peace.

Day 1—1 Corinthians 11:23–24 Who gave us the Sacrament of the Altar? Why is this important?

Day 2—1 Corinthians 11:27–29 Why do we believe that what we receive in the Sacrament of the Altar is Jesus' true body and true blood in, with, and under the bread and the wine?

Day 3—1 Peter 2:24 How does God strengthen us through the Sacrament of the Altar?

Day 4—Matthew 26:26 How often should Christians accept Christ's invitation to receive the Sacrament of the Altar? Why?

Day 5—1 Corinthians 10:17 In what way does the Sacrament of the Altar bring Christians together?

Parent Signature: _____ Date: _____

By signing this, you confirm that your household did participate in memory work and family prayers to help form your confirmand in God's Word. If you were unable to do so for whatever reason, please let your leader know.