

# THE MEANS OF GRACE

## HOW TO RECEIVE THIS SACRAMENT WORTHILY

*Write yes if the statement is true and no if it is false.*

- yes 1. When we receive the Lord's Supper in faith, we receive forgiveness of sins, life, and salvation.
- yes 2. If we have forgiveness of sins, we also have life and salvation.
- no 3. Holy Communion is the only way we can receive true forgiveness.
- yes 4. The word *communion* implies a "oneness of faith."
- no 5. The real benefits of the Lord's Supper rest in the act of eating and drinking.
- yes 6. We receive forgiveness of sins through the Sacrament as we trust Christ's words, "Given and shed for you for the remission of sins."
- yes 7. *Fasting* means "not eating."
- no 8. It is wrong to fast and prepare for the Lord's Supper.
- yes 9. A communicant is unworthy if he or she does not believe in the real presence and the forgiveness offered by Christ.
- yes 10. A person with a weak faith may attend Holy Communion.

*Write three questions that Christians may ask when examining themselves for Holy Communion.*

1. Do I believe that I am a sinner?  
Am I sorry for my sins?
2. Do I believe in Christ as my Savior and Lord?  
Do I believe that His body and blood are truly present in the Sacrament?
3. Do I plan, with the help of the Spirit, to change my sinful thoughts and actions and follow Christ?

*Place a check ( ✓ ) before those who may receive the Lord's Supper.*

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|---|---|
| <input type="checkbox"/> 1. An unbeliever   | <input checked="" type="checkbox"/> 5. A repentant believer on his deathbed                 |
| <input checked="" type="checkbox"/> 2. A condemned criminal who has repented                                | <input type="checkbox"/> 6. A believer who has lost consciousness on her deathbed           |
| <input type="checkbox"/> 3. A baptized baby   | <input type="checkbox"/> 7. A church member who carries a grudge                            |
| <input type="checkbox"/> 4. One who thinks that the bread and wine merely represent Christ's body and blood | <input checked="" type="checkbox"/> 8. A repentant believer who has no good clothes to wear |