

THE TEN COMMANDMENTS

THE SIXTH COMMANDMENT

ACTIVITY

A PURE AND DECENT LIFE

Theme: The world encourages people to have sex before marriage. But Jesus strengthens us to resist such pressure and instead live in God-pleasing ways .

Materials: Peach or other soft fruit, plastic knife, direction cards

Procedure: (10 minutes)

Before class write the following six note cards.

1. Roll the fruit around in your hand, pressing slightly as you count to 10. Pass to the right.
2. Juggle the fruit from hand to hand six times. Pass.
3. Cut a small slice on one side. Pass.
4. Drop the fruit. Pass.
5. Drop the fruit. Pass to the teacher.
6. Would you share this fruit with someone you really cared about?

For large classes, divide the students into groups of six. Have the students form a circle facing outward. Give each student a note card but let only 1–5 read their cards. Number 6 must wait until he or she receives the fruit from you. Say, **Pass the peach following the directions on your card.** After the fruit is a bit squishy, give it to number 6. By now, most will be repulsed. Comment, **What happened to this beautiful fruit can also happen to something else God created beautiful—our sexuality. God gave you the gift of sexuality to share with your future spouse alone. When we disobey God and pass His beautiful gift around, what can happen?** (Sexually transmitted disease, unexpected pregnancy, abortion, divorce, broken relationships.) Conclude by explaining that another beautiful gift from God is His forgiveness through Christ. Help the students understand that even when they abuse such a delicate gift as sexuality, God’s gift of forgiveness can restore them.