

THE TEN COMMANDMENTS

THE SIXTH COMMANDMENT

DEVOTION

YOU SHALL NOT COMMIT ADULTERY. (EXODUS 20:14)

What does this mean? We should fear and love God so that we lead a sexually pure and decent life in what we say and do, and husband and wife love and honor each other.

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body. (1 Corinthians 6:18–20)

FOR SHARING

1. “Sex is like fire. In a fireplace, it’s warm and delightful. Outside the hearth, it’s destructive and uncontrollable.” Explain.
2. Describe, in your own words, a “sexually pure and decent life.” Why is it so difficult to live in sexual purity and decency?
3. Jesus’ love for sinful human beings led Him to the cross, where He paid the price for our unfaithfulness. What comfort do you have in trusting Him for *full* forgiveness?
4. God created sex! God established marriage and gives His blessing as a man and woman are united as “one flesh” (Genesis 2:24). How can husbands and wives use the gift of sexuality to honor God?

PRAYER

Lord, in Your grace You have redeemed every aspect of my life, including my sexuality. Help me to appreciate this gift as a sacred, responsible trust. Please forgive me for those times I have sinned against Your commandment. Direct my life so that I may live to Your glory and praise. In Jesus’ name. Amen.