

# Lesson 9

God Helps Joseph Forgive  
Genesis 42:1-28; 43:11-30; 45:1-15

## ACTIVITIES

Choose from the following activities and crafts to help connect Bible learning to life.

### Grain and Seed Crosses

Glue two jumbo craft sticks together in a cross shape. Tape or glue a loop of yarn for a hanger to the back. Add a thin layer of glue to the front of the cross and have children sprinkle on dried barley, rice, or corn. Let crosses dry. Talk about how God helped Joseph forgive his brothers. God forgives us through Jesus. He helps us to forgive others too.



### Forgiveness Action Poem

Have children do actions as you say the words.

**When I am selfish or mad** (*angry face*), **I feel so sad** (*sad face*). **But Jesus forgives** (*finger cross*) **and makes me glad** (*clap*)! **Your taking what's mine** (*grab action*) **makes me so sad**

(*sad face*). **But when I forgive** (*hug self*), **we both feel glad** (*clap*)! Say Bible Verse: **[Forgive] one another, as God in Christ forgave you. Ephesians 4:32** Jesus forgives us and helps us to forgive others.



### Forgiveness Bracelets

Cut a lengthwise slit in paper-towel or gift-wrap tubes. Cut across the tube making two-inch strips. Give one strip to each child. Have child wrap it in aluminum foil. Give them cross, heart, and other stickers to add to the bracelet. Have children wear the bracelets to remember Jesus forgives us and helps us to forgive others.



### Measuring Activity

Set out containers of grain (e.g., corn, rice, oatmeal) and measuring cups and spoons. Let children explore the different textures. Talk about how we use grain to make bread and pancakes and other foods we eat. Have them pretend to measure ingredients. Review how Joseph gave his brothers grain and forgive them.

