

Lesson 1

A Welcome Truth
Luke 10:38–42

ACTIVITIES

Choose from the following activities and crafts to help connect Bible learning to life.

Fruit and Veggie Snack

Cut up a variety of fruits and vegetables, such as carrots, cucumbers, strawberries, and grapes. Say, **Fruits and vegetables are some of the best foods God gives us. They are foods necessary to keep us healthy. Hearing God’s Word is necessary to keep our faith strong.** Talk about where we hear God’s Word, and share favorite Bible stories.



Table Prayer

Say, **Mary and Martha were blessed to have Jesus as a guest in their home. What do you think they made for Him for supper? Jesus comes to our homes too. He blesses us and gives us the food we eat. When we eat, sometimes we pray a special prayer, inviting Jesus to be our guest. We can pray, “Come, Lord Jesus, be our guest. Let these gifts to us be blessed.” That means we want Jesus to be with us, and we thank Him for our food.** Have children repeat the prayer.



Song Review

Sing to tune of “Are You Sleeping?”
Repeat each line twice.
Where was Martha? Repeat. **Now we know.** Repeat.
She was making dinner. Repeat. **All alone.** Repeat.
Where was Mary? Repeat. **With her Lord.** Repeat.
She was busy list’ning. Repeat. **To His Word.** Repeat.
Where will I be? Repeat. **Sitting still.** Repeat.
Ready here to listen. Repeat. **To God’s Word.** Repeat.



Edible Books

Many big events in Scripture end with a feast. Here we see Martha preparing a feast for Jesus. Make edible books by decorating graham crackers with frosting to look like a Bible. Talk about how food satisfies physical hunger, but then we are hungry again. Discuss how God’s Word satisfies us in a much more important and eternal way.

