
Anxiety

We fret and worry about events that might happen in our lives. We sometimes worry ourselves sick over what might or might not be. Instead, we have our Lord's reminder, from St. Matthew, "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble." *Matthew 6:34*

Blessings of Baptism

Luther reminds us to drown the old Adam daily through repentance and by remembering our Baptism and its benefits, so that the new Adam comes forth and we live in the newness of Christ.

"Now if we have died with Christ, we believe that we will also live with Him." *Romans 6:8*

As a Child of God

Even when we feel lonely, we are never alone in this world. We are not left to fend for ourselves, but, rather, the Father has made us His own. "For all who are led by the Spirit of God are sons of God. For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, 'Abba! Father!'"

Romans 8:14–15

Forgiveness of Sins

We have been promised that we are forgiven for our sins through the blood of Christ Jesus upon the cross. We therefore live with hope and peace, knowing that "the blood of Jesus His Son cleanses us from all sin."

1 John 1:7

Freedom in Christ

Freedom is very important to people. As a child of God, you are free—free from sin and condemnation. Free to live and to serve the Lord all the days of your life. Enjoy the freedom that Christ gives you. "So if the Son sets you free, you will be free indeed." *John 8:36*

God's Care for Us

Our God is so wonderful, nothing is impossible for Him. He is the One who takes away our fears and our hurts; He gives us His promise that He is our God and He will do what is best for us, even in times of great despair.

"But Jesus looked at them and said, 'With man this is impossible, but with God all things are possible.'" *Matthew 19:26*

God's Guiding Hand

How great is the Lord and how deeply is He involved in all the activities of men and of nations! He is the One who holds the course of the universe and the events of the world so that His will is carried out. I need never fear, but simply trust in Him.

"The earth is the LORD's and the fullness thereof, the world and those who dwell therein." *Psalms 24:1*

Jesus' Promise

There is a place reserved for me in heaven, prepared by Jesus Himself. It is there now, and it will be there when He calls me home. The cares of this world should not dim my sight of this truth.

"I go to prepare a place for you." *John 14:2*

Joy in Christ

Because I am a redeemed child of God, I have good reason to rejoice every day, even in the midst of trials. The Lord would have me live so that I always remember the joy of His salvation for me.

"So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind."

Philippians 2:1–2

Start of a New Day

Each day is a gift from the Lord. Each day is an opportunity to worship and praise Him who has given me life and salvation. Each day is a day in which the blessings of God are new to each of us. We welcome each day and give Him our heartiest and humblest thanks.

"This is the day that the LORD has made; let us rejoice and be glad in it." *Psalms 118:24*

The Father's Love

We are children of God and heirs of heaven, not because of what we have done, but because of what Jesus has done for us. We can live in the joy of the Father's love for His creation.

"See what kind of love the Father has given to us, that we should be called children of God; and so we are." *1 John 3:1*

Thankfulness

With a thankful heart for all Your goodness to me, Lord, may my heart sing for joy all day long.

“Let the word of Christ dwell in you richly, . . . singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.”

Colossians 3:16

Thanks for God’s Love

Lord, Your love for us, Your creation, is beyond our comprehension. Your blessings are new to us every day. I thank You for the blessings of the forgiveness of all my sins through Your Son, Jesus Christ. Enable me to be a blessing to others today.

“Oh give thanks to the LORD, for He is good; for His steadfast love endures forever!”

Psalms 118:1

Jesus’ Faithfulness

We all have friends in this life, but none as close, no matter what, as Jesus. Jesus is more than just a friend; He is our Lord, our Savior, our hope, and our light. When friends fail, Jesus is still there, patient, kind, understanding, and, above all, true to His promised Word. Thank You, Lord, for Your enduring faithfulness.

“There is a friend who sticks closer than a brother.”

Proverbs 18:24



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A Prayer for Morning

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

A Prayer for Evening

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

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